

SAINT ANDREW: OUR TRADITIONS

Saint Andrew is a special festivity in the Canary Islands. There are different traditions. On St. Andrew's eve all the wineries open to taste the new wine.



While drinking the new wine, everybody eats wreckfish with sweet potatoes and a spicy sauce, typical from the Canary Island. They also eat a typical food made with flour of corn or wheat, kneaded with banana and honey, or just with water and salt. It's called "gofio". They also eat roasted chestnuts.



Another tradition is to take some tins and tie them with a piece of string. Then, the children run pulling the string along the ground, making as much noise as they can. One legend says that St. Andrew was drunk and got asleep. The children had to make a lot of noise to wake him up. Other legend says that the men, to wash the barrels in the sea, make them roll down the streets, and that was the noise.



This tradition is typical in a town of the North of Tenerife. It's called Icod de los Vinos. The people sit on boards or planks of woods and slide down along the steeped streets. They go very fast. To stop them, at the end of the streets, they put many tyres.

